BREASTFEEDING REMEDIES IN THE KINGDOM OF MAJORCA (1470-1778)

In this lecture, I will discuss the *confit* d'en cases or *confictio infantium*, a remedy for breastfed infants with colic, meteorism, and aerophagia. Created by Antoni Cases, a late medieval Majorcan apothecary, it treated ailments with abdominal distension. Its effectiveness is partly proven today. Made with anise and fennel, it has carminative properties, helping with postprandial burping. It was also cheaper than similar drugs like the *tirasa paurenar*. While in the Late Middle Ages and Renaissance, many medicines were invented, their distribution in apothecaries varied. The *confit* was more easily accepted than other preparations as it aligned with the precepts of Galenic medicine. This paper examines the assimilation and dispensation of *confit* d’en cases in Majorca. I use post-mortem inventories from Majorcan apothecaries as main sources, with six inventories from the Arxiu del Regne de Mallorca (1470-1701) which have been identified. In 1581, there were eighteen drugstores in Majorca, making these inventories a valid sample for study. The Arxiu del Regne de Mallorca, with well-preserved notarial archives, provides insights into local apothecaries and new medicines. This research contributes to scientific knowledge for health professionals in the Western Mediterranean and Iberian Peninsula.